Amendments to the Claims:

Please amend claims 1, 6, 7, 9, 11, 13, and 17. The following listing of claims will replace all prior versions and listings of claims in the application:

Listing of Claims:

- (Currently Amended) A throwing and catching training apparatus, comprising:

 an upright, substantially rigid rigid, and substantially planar target panel; and
 at least one bumper connected to said target panel, and said at least one bumper

 adaptable to deflect a thrown projectile in a random direction.
- 2. (Original) The throwing and catching training apparatus stated in claim 1, further comprising:

at least one support structure connected to said target panel for supporting said target panel in an upright position.

3. (Original) The throwing and catching training apparatus stated in claim 1, further comprising:

said target panel having a cut-out portion extending through said target panel for further defining a target.

4. (Original) The throwing and catching training apparatus stated in claim 3, further comprising:

an elastic material connected to said target panel and extending across said cut-out portion of said target panel, and said elastic material adaptable to spring a thrown projectile in a reverse direction when said thrown projectile engages said elastic material.

5. (Original) The throwing and catching training apparatus stated in claim 1, further comprising:

said at least one bumper fabricated from an elastomeric material.

6. (Currently Amended) The throwing and catching training apparatus stated in claim 1, further comprising:

said at least one bumper having a substantially circular, dome-shaped head extending away from said target panel and adaptable to deflect the thrown projection projectile in a random direction.

- 7. (Currently Amended) A throwing and catching training apparatus, comprising:

 an upright, substantially rigid target panel; and
 a plurality of elastomeric bumpers releasably connected to said target panel and
 adaptable to deflect a thrown projectile in a random direction.
- 8. (Original) The throwing and catching training apparatus stated in claim 7, further comprising:

at least one support structure connected to said target panel for supporting said target panel in an upright position.

9. (Currently Amended) The throwing and catching training apparatus stated in claim 7, further comprising:

said target panel having a cut-out portion extending through said target panel for further defining a <u>first</u> target.

10. (Original) The throwing and catching training apparatus stated in claim 9, further comprising:

an elastic mesh netting connected to said target panel and extending across said cutout portion of said target panel and adaptable to spring a thrown projectile in a reverse direction when said thrown projectile engages said elastic mesh netting.

11. (Currently Amended) The throwing and catching training apparatus stated in claim 10, further comprising:

a visual target indicia connected to said elastic mesh netting for further defining a second target.

12. (Original) The throwing and catching training apparatus stated in claim 7, wherein said bumpers further comprise:

a stem releasably connected to said target panel; and

a substantially circular, dome-shaped head integral with and extending from said stem, wherein said dome-shaped head extends away from said target panel and is adaptable to deflect the thrown projectile in a random direction.

13. (Currently Amended) A throwing and catching training apparatus, comprising:

an upright, substantially rigid target panel;

at least one support structure releasably connected to said target panel for supporting said target panel in a substantially upright position; and

a plurality of elastomeric bumpers releasably connected to said target panel and adaptable to deflect a thrown projectile in a random direction.

14. (Original) The throwing and catching training apparatus stated in claim 13, wherein said bumpers further comprise:

a stem received by an aperture in said target panel, and said stem having a threaded shaft wherein a releasable fastener engages said shaft to connect said bumper to said target panel; and

a substantially circular, dome-shaped head integral with and extending from said stem, wherein said dome-shaped head extends away from said target panel and is adaptable to deflect the thrown projectile in a random direction.

15. (Original) The throwing and catching training apparatus stated in claim 13, further comprising:

said bumpers being equally spaced on said target panel.

16. (Original) The throwing and catching training apparatus stated in claim 13, further comprising:

said target panel having a substantially rectangular cut-out portion extending through said target panel for further defining a target.

17. (Currently Amended) The throwing and catching training apparatus stated in claim 16, further comprising:

an elastic mesh netting connected to said target panel and extending across said cutout portion and adaptable to spring a thrown projectile in the reverse a reverse direction when said thrown projectile engages said elastic mesh netting.

18. (Original) The throwing and catching training apparatus stated in claim 17, further comprising:

a ribbon fabric intertwined within said elastic mesh netting for further defining said target.

19. (Original) The throwing and catching training apparatus stated in claim 13, further comprising:

a pair of support members releasably connected to opposite sides of said target panel.